

My Miracle by Mahri Best

What better way to bring in the New Year than bringing it in with a miracle? Although, as I awakened on New Years day, I had totally lost my voice and I was suffering from deep, congestion of my lungs and generally felt awful, what I didn't know was I had phenomenal miracle in store for me.

I had recently met a healer, by the name of Keala Gerhard, a healing practitioner. Keala had been a guest on my show "Our Timeless Secrets" radio show on 91.3fm or on the web at Sunfmtv.com. Keala was enlightening us all on Reconnective Healing a process taught to her by the man who discovered the process, Dr. Eric Pearl. (Book - The Reconnection - Dr. Eric Pearl)

New Years day, Keala insisted on coming over to see me and give me a healing. I must be honest; I didn't feel like seeing her or anyone, because of the way I felt. I was also carrying the conversation that this was my recurring malady from over all the years of my life that I remembered. It had a name and the name was bronchial pneumonia.

I was utterly depressed that this would mean I'd have to cancel everything, going on in my life, until I was fully well. There was nothing I was positive about and I even confirmed this by putting a note up on Facebook, "SOMETIMES LIFE SUCKS AND THIS IS THAT TIME!" Now this was something I had never done before. I am all about being positive. It did, however, get me the attention I was seeking.

Keala arrived and went about the process of healing. She also brought me tea and herbs. As she wound up her time with me she gently turned to me and said, "You might want to talk to that little 6 year old girl." What she was referring to was myself at 6 years old when a friend of the family had violated me. I had closed down all of that memory until only three years ago.

This is exactly what I did. I began to talk to the child and as I did my voice came back in full and all of my congestion was gone. It happened in a moment. I felt totally strong again and just to prove it I went to take care of a neighbor who was sick.

Clearly, my voice, in every way, was back. It is my belief, the only reason I had been suffering with this malady over the years, was to protect me until a later time when I could actually reason and be open to a miracle.

The next day I put together my show and entitled it, "Miracles" This is a show worth listening to. Go to my website, www.mahribest.com and hear this and other miracles that I have been blessed with.

So, here is the message, "Be open to experiencing a miracle."

Ooooooodles of love - Mahri

Mahri Best is a Certified Success Coach, published Author and mentor. I am passionate about sharing my life experiences, healings and practices. My intent is to help guide others through their life journeys toward a place of peaceful clarity and balance.

Contact me at mahribest@gmail.com or call me at (707) 934-7717 I invite you to listen to my radio show "Our Timeless Secrets" on Thursdays at 10am Pacific Coast Time at KSVY 91.3 FM or streamed on the web at sunfm.com